

HOW TO CLEAN YOUR MASK

HOW TO CLEAN OR STERILIZE YOUR FACE MASK

Your mask regularly comes into contact with natural oils from your skin and over time this can cause accelerated wear and tear on your mask, potentially compromising its seal and irritating your skin. This is why we recommend cleaning your mask every day with soap and water.

How often should you clean your mask?



Recommended washing daily.

At what temperature is the virus killed?



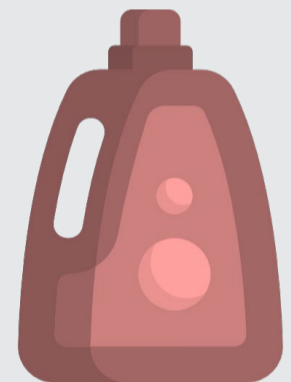
A minimum of 132.8 ° F / 56°C.

When should I replace my mask?



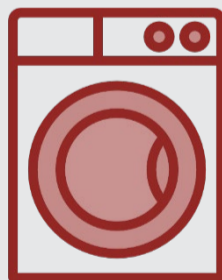
When you see holes.

What should you clean it with?



Regular detergents or soap.

How should I clean my mask?



In a washing machine with detergent on hottest setting.



Handwashing with soap and hot water.



Boiling in a large pot for several minutes.



Steam Ironing.

It is not advised to use a microwave as it could be dangerous!

This poster has been developed for educational purposes and is correct at the time of publication. It is not a substitute of professional medical advice. Should you have any questions or concerns refer to www.nicd.ac.za

WE **VALUE** OUR PEOPLE, AND **SERVE** THE PUBLIC, BY **UPLIFTING** SAFETY STANDARDS!